WISCONSIN SCHOOL NUTRITION

IN A NUTSHELL

Crediting Smoothies in the School Breakfast Program (SBP) & National School Lunch Program (NSLP)

The guidelines below apply to smoothies prepared in-house or commercially.

Creditable Components

Fruits or Vegetables

- Creditable amount = volume after pureeing and before freezing
- Minimum creditable amount = 1/8 cup
- The pureed fruit or vegetable credit as juice
    - Subject to the juice limit: no more than 50 percent of the weekly fruit or vegetable offerings may be in the form of juice.
- If commercially prepared:
    - The manufacturer must provide a Child Nutrition (CN) Label or Product Formulation Statement (PFS) to document the amount of fruit or vegetable in the product
    - Alternatively, the label must contain a percent juice content
        - For example, an 8 fluid ounce smoothie made from fruit puree with the juice content labeled as "contains 100% juice" credits as 8 fluid ounces or 1 cup juice.

Meat/Meat Alternates

- Yogurt (dairy or soy) is the only creditable M/MA in smoothies
    - 4 ounces by weight or 1/2 cup = 1 ounce equivalent M/MA
- Minimum creditable amount = 0.25 ounce equivalents
- If commercially prepared, the manufacturer must provide CN Label or PFS to document the amount of M/MA in the product.

Milk

- Allowable milk types: fat-free (skim), low-fat (1 percent), reduced-fat (2 percent), whole; flavored or unflavored
- Minimum creditable amount of milk in a smoothie = 1/4 cup
- At least one other milk type besides the milk type in the smoothie must be offered on the service line
- If commercially prepared, the manufacturer must provide CN Label or PFS to document the amount of milk in the product

Non-Creditable Components

Grains

- While not creditable in smoothies, ingredients like oats can be included for consistency and flavor.

Meat/Meat Alternates other than yogurt

- While not creditable in smoothies, ingredients like peanut butter and tofu can be included for consistency and flavor.

Herbal Supplements or Protein Powders

- If a smoothie contains herbal supplements or protein powder, the entire smoothie is not creditable.

Additional Information:

- USDA Policy Memo Smoothies Offered in the Child Nutrition Programs SP 40-2019
- USDA Offering Smoothies as Part of a Reimbursable School Meals