



## WISCONSIN SCHOOL NUTRITION **IN A NUTSHELL**

# NSLP Afterschool Snack Program (ASP)

## Overview

### General Information [Afterschool Snack Program webpage](#)<sup>3</sup>

- Organized, structured, and supervised environment with educational or enrichment activities must be provided.
- Enrichment activity must be inclusive to all students.
- Reimbursable snacks should be served every day the educational or enrichment programs are offered.
- Snack must be served after the school day has ended.
- Only students participating in the afterschool enrichment programs may be offered a snack.

### Reimbursement Rates

- Area Eligible ASP (50% or more free and reduced eligible students): each snack is claimed at the free rate.
- Non-area Eligible ASP (less than 50% free and reduced eligible students): each snack is claimed free, reduced, or paid based on the student's classification.

### Requirements

- Onsite monitoring required twice per school year (once during the first four weeks of the program plus one additional time during the program year).
- Attendance must be taken for all afterschool programs to average and use for claim for the Average Daily Attendance.
- Production records and point of service counts for reimbursable snacks must be kept.

### Meal Pattern

- **Age groups:** 1-2 years, 3-5 years, 6-12 years, 13-18 years.
- Larger portions recommended for children 13-18 years based on greater food energy requirements.
- Offer versus serve does **not** apply in the ASP.
- Only one of the two components may be a beverage.
- Water must be available.
- All snacks **must** include two full components from those listed in the table.
- Components must meet the minimum serving size requirement for the age group that is claimed for.

<sup>1</sup> <https://dpi.wi.gov/sites/default/files/imce/school-nutrition/pdf/exhibit-a.pdf>

<sup>2</sup> [https://www.law.cornell.edu/cfr/text/7/appendix-A\\_to\\_part\\_226](https://www.law.cornell.edu/cfr/text/7/appendix-A_to_part_226)

<sup>3</sup> <https://dpi.wi.gov/school-nutrition/programs/afterschool-snack>

## Components

	Information	Ages 1-5	Age 6-18
Fruit/ Vegetable	<ul style="list-style-type: none"> <li>• May be a fruit and/or vegetable combination</li> <li>• Pasteurized, 100% full-strength juice may be used</li> <li>• Juice may <b>not</b> be served when the only other component is milk</li> </ul>	<ul style="list-style-type: none"> <li>• ½ cup</li> </ul>	<ul style="list-style-type: none"> <li>• ¾ cup</li> </ul>
Grain	<ul style="list-style-type: none"> <li>• Breakfast cereals must contain no more than 6 grams of sugar per dry ounce</li> <li>• Refer to <a href="#">Exhibit A<sup>1</sup></a> to credit grains</li> <li>• Whole grain-rich, enriched, or fortified ready-to-eat cereal (dry, cold)</li> <li>• Whole grain-rich or enriched grain products</li> </ul>	<ul style="list-style-type: none"> <li>• ¼ cup granola</li> <li>• ¼ cup whole grain-rich, enriched, or cooked breakfast cereal, cereal grain, or pasta</li> <li>• ½ cup flakes or rounds</li> <li>• ¾ cup puffed cereal</li> <li>• ½ slice bread</li> <li>• ½ serving biscuit, roll, or muffin</li> </ul>	<ul style="list-style-type: none"> <li>• ¼ cup granola</li> <li>• ½ cup whole grain-rich, enriched, or fortified cooked breakfast cereal, cereal grain, and/or pasta</li> <li>• 1 cup flakes or rounds</li> <li>• 1¼ cup puffed cereal</li> <li>• 1 slice of bread</li> <li>• 1 serving biscuit, roll, or muffin</li> </ul>
Meat/Meat Alternate	<ul style="list-style-type: none"> <li>• All ages may be offered ½ of one large egg per serving</li> <li>• Alternative protein products must meet the requirements in <a href="#">Appendix A to Part 226<sup>2</sup></a></li> <li>• Yogurt must contain no more than 23g of total sugar per 6 oz serving</li> </ul>	<ul style="list-style-type: none"> <li>• ½ oz lean meat, poultry, fish, or cheese</li> <li>• ½ ounce tofu, soy product or alternative protein products</li> <li>• ½ ounce peanuts, soy nuts, tree nuts, or seeds</li> <li>• ⅓ cup cooked dry beans or peas</li> <li>• ¼ cup or 2 oz yogurt, plain or flavored, unsweetened, or sweetened</li> <li>• 1 Tbs. peanut butter, soy nut butter or other nut seed butter</li> </ul>	<ul style="list-style-type: none"> <li>• 1 oz lean meat, poultry, fish, or cheese</li> <li>• 1 oz tofu, soy product, or alternative protein products</li> <li>• ¼ cup cooked dry beans or peas</li> <li>• ½ cup or 4 oz yogurt, plain or flavored, unsweetened, or sweetened</li> <li>• 2 tablespoons peanut, soy, other nut or seed butters</li> </ul>
Fluid Milk	<ul style="list-style-type: none"> <li>• Variety not required</li> </ul>	<ul style="list-style-type: none"> <li>• 4 fl oz</li> <li>• Ages 1-2: whole (unflavored)</li> <li>• Age 3-5: low-fat or fat-free (unflavored)</li> </ul>	<ul style="list-style-type: none"> <li>• 8 fl oz</li> <li>• Low-fat or fat-free (flavored or unflavored)</li> </ul>