



# WISCONSIN SCHOOL NUTRITION IN A NUTSHELL

## Crediting Smoothies in the School Breakfast Program (SBP) & National School Lunch Program (NSLP)

The guidelines below apply to smoothies prepared in-house or commercially.

### Creditable Components

#### Fruits or Vegetables

- Creditable amount = volume after pureeing and before freezing
- Minimum creditable amount = 1/8 cup
- Credit as juice
  - Subject to the juice limit: no more than 50% of the weekly fruit or vegetable offerings may be in the form of juice.
- If commercially prepared:
  - Manufacturer must provide a Child Nutrition (CN) Label or Product Formulation Statement (PFS) to document the amount of fruit or vegetable in the product
  - Alternately, label must contain a percent juice content
    - For example, an 8 fluid ounce smoothie made from fruit puree with the juice content labeled as “contains 50% juice” credits as 4 fluid ounces or ½ cup juice.
    - Smoothies with less than 100% juice content are the only instance when less than 100% juice may be offered for meeting federal meal requirements.

#### Meat/Meat Alternates

- Yogurt (dairy or soy) is the only creditable M/MA in smoothies
  - 4 ounces by weight or ½ cup = 1 ounce equivalent M/MA
- Minimum creditable amount = 0.25 ounce equivalents
- If commercially prepared, manufacturer must provide CN Label or PFS to document the amount of M/MA in the product

#### Milk

- Allowable milk types: fat-free flavored or unflavored; low-fat (1%) flavored or unflavored
- Minimum creditable amount of milk in a smoothie = ¼ cup
- At least one other milk type besides the milk type in the smoothie must be offered on the service line
- If commercially prepared, manufacturer must provide CN Label or PFS to document the amount of milk in the product

## Non-Creditable Components

### Grains

- While not creditable, ingredients like oats can be included in smoothies for consistency and flavor.

### Meat/Meat Alternates other than yogurt

- While not creditable, ingredients like peanut butter can be included for consistency and flavor.

## Additional Information:

- [USDA Policy Memo Smoothies Offered in the Child Nutrition Programs](#) SP40-2019
- [USDA Offering Smoothies as Part of a Reimbursable School Meals](#)