



WISCONSIN SCHOOL NUTRITION IN A NUTSHELL

Milk Component

Crediting milk

- Measured in cups
- 8 fluid ounces = 1 cup = ½ pint = 1 carton

Allowable milk types

Beginning July 1, 2022, the [Transitional Standards Final Rule](#) becomes effective. For children in grades K-12, schools may offer:

- Fat-free (flavored or unflavored) milk
- Low-fat (1%, flavored or unflavored) milk
- Lactose-free or lactose-reduced milk

Preschool students must only be offered unflavored milk, unless they are served with the K-12 students (and therefore the co-mingling flexibility applies).

Milk variety

Two or more milk types must be available to all students at each meal, and one milk type must be unflavored at each meal.

Special Dietary Needs and substitutions

The school must accommodate the milk substitution request when a student with special dietary needs has documentation signed by a licensed medical practitioner.

Without documentation signed by a licensed medical practitioner:

- a DPI approved milk that is nutritionally equivalent to cow's milk may be offered, or
- the student may decline milk (only if the school utilizes Offer versus Serve).

Water

Water is not a substitution for milk.

Drinking water must be available free of charge at each meal.

Breakfast and Lunch Meal Pattern

Meal Pattern Component	Grades K-5	Grades 6-8	Grades K-8	Grades 9-12
Fluid milk (cups)	1 cup daily for all age-grade groups			