



**RECIPE NAME:** Minestrone Soup

**File No:**

Grade Group: K-8, 9-12	<b>HACCP Process:</b> <input type="checkbox"/> #1 No Cook <input type="checkbox"/> #2 Cook & Serve Same Day <input type="checkbox"/> #3 Includes Cooling Step
Number of Portions: 100	
Portion Size: 1 cup	
Serving Utensil: 8 fl oz. ladle	
Servings per Pan:	

Recipe Adapted From:

Sauk Prairie School District



Ingredients	Weight	Measure	Procedure
Onions, Raw, Chopped Celery, Raw, Chopped Vegetable Oil Tomato Paste, Canned, No Salt Added Water Tomatoes, Canned, Diced, Drained Green Beans, Whole, frozen Carrots, Frozen Water Kidney Beans Bay Leaf Basil, Dried Oregano, dried Italian Seasoning Mix Thyme, Dried Pepper, Black Salt	72 oz  5 lb 8 oz 2 lb 8 oz 4 gal	2 ½ cups 2 ½ cups 3 Tbsp  1 qt + 2 cups 1 #10 Can  15 cups 2 leaves 2 ½ tsp, ground 2 ½ tsp, ground 2 ½ tsp 2 ½ tsp, ground 2 ½ tsp 2 tsp	<ol style="list-style-type: none"> <li>Sauté onions and celery in vegetable oil in a pan over medium heat.</li> <li>In a separate pot, dilute tomato paste with water over medium heat until blended.</li> <li>Add diced tomato, green beans, carrots, and additional water to tomato base.</li> <li>Drain and rinse canned kidney beans, add to pot.</li> <li>Add all dry seasonings to pot and allow to simmer for approximately 10 minutes.</li> <li>Add sautéed vegetables and simmer while stirring.</li> <li>Heat to internal temperature of 165°F.</li> <li>Remove and discard bay leaf.</li> </ol> <p>CCP: Hold for Hot Service at 135° F or higher.</p>
<b>Total Yield:</b>	<b>Number of Pans:</b>		
<b>Weight:</b>	<b>Measure: 100 cups</b>	<b>Pan Size:</b>	

**Meal Component Contribution/Nutrition Analysis Based on Portion Size**

Specify the grade group in the columns:	Grade Group: K-8, 9-12					<b>Equipment (if not specified in procedures above):</b>      DG=Dark Green B/P=Beans/Peas(Legumes) R/O=Red/Orange S=Starchy O=Other
Meat/MeatAlternate						
Vegetable Subgroups	DG	B/P	R/O	S	O	
		1/8 c.	3/8 c.		1/8 c.	
Fruits						
Grains						
Calories:	76					
Saturated Fat (g):	0.11 g					
Sodium (mg):	193.61 mg					