Recipe Name: Assorted Juice or another similar word: choice or various
File No: Bev \#654 Use the facility's filing system


## Meal Component Contribution/Nutrition Analysis Based on Portion Size

| Specify the grade group in the columns: | Grade Group: |  |  |  |  |  | Grade Group: |  |  |  |  |  | Grade Group: |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Meat/Meat Alternate |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable Subgroups | DG | B/P | R/O | S | 0 | A | DG | B/P | R/O | S | 0 | A | DG | B/P | R/O | S | 0 | A |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fruits | 1/2cup |  |  |  |  |  | 1/2cup |  |  |  |  |  | 1 cup |  |  |  |  |  |
| Grains |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Calories: | Complete based on nutrition facts label |  |  |  |  |  | Complete based on nutrition facts label |  |  |  |  |  | Complete based on nutrition facts label |  |  |  |  |  |
| Saturated Fat (g): | Complete based on nutrition facts label |  |  |  |  |  | Complete based on nutrition facts label |  |  |  |  |  | Complete based on nutrition facts label |  |  |  |  |  |
| Sodium (mg): | Complete based on nutrition facts label |  |  |  |  |  | Complete based on nutrition facts label |  |  |  |  |  | Complete based on nutrition facts label |  |  |  |  |  |

DG=Dark Green B/P=Beans/Peas (Legumes) R/O=Red/Orange $S=$ Starchy $O=O$ other $A=$ Additional Food Buying Guide (FBG)
November 2023
This institution is an equal opportunity provider.

