

Code: 05915 Serving Size: 6.00 oz. Product Name: Reduced Fat, Reduced Sodium, Whole Grain Macaroni & Cheese

Each 30 lb case provides eighty 6.00 oz. servings. Each 6.00 oz. serving (by weight) of Reduced Fat, Reduced Sodium, Whole Grain Macaroni and Cheese provides 2.00 oz. meat/meat alternate and 1.00 oz. equivalent grains based on the USDA Food Buying Guide requirements.

<b>Nutrition</b>	Facts
Serving size	(170g)
Amount per serving Calories	290
	% Daily Value*
Total Fat 12g	15%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 550mg	24%
Total Carbohydrate 28g	10%
Dietary Fiber 2g	7%
Total Sugars 6g	
Includes 0g Added Sug	ars <b>0</b> %
Protein 17g	
Vitamin D 0mcg	0%
Calcium 520mg	40%
Iron 1mg	6%
Potassium 0mg	0%

day is used for general nutrition advice.

Shelf life:	12 months frozen (-10°-0°F)
Case count:	6 pouches
TiHi:	10 x 6
Case dimensions:	14.50" x 9.00" x 8.50"
Cases/pallet:	60
Case cube:	$0.64  \mathrm{ft^3}$
Net wt:	30.00 lbs
Gross wt:	31.00 lbs
Case code:	"Best used by" date
GTIN:	10693392001174

INGREDIENTS: Cooked Macaroni (Water, Whole Durum Wheat Flour, Enriched Semolina [Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin and Folic Acid], Egg White), Water, American Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Nonfat Dry Milk, Modified Food Starch, Cheddar Flavor (Cheddar, Granular, Semi-Soft and Blue Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Water, Sodium Phosphate, Vinegar, Salt), Potassium Triphosphate and Sodium Polyphosphate, Low Sodium Sea Salt, Annatto Extract, Non-Dairy Butter Flavor (Maltodextrin, Vegetable Shortening [Sunflower Oil], Natural Flavor, Dextrose, Salt), Yeast Extract.

Allergens: Wheat, Milk and Egg.

#### **COOKING INSTRUCTIONS:**

FROM THAWED: STEAM KETTLE: Place unopened pouch in boiling water. Pouch will be ready to serve in 20-25 min.

CONVECTION OVEN: Take food contents out of pouch and place in covered tray. Preheat oven to 375°F and heat for approx. 35 minutes.

FROM FROZEN: STEAM KETTLE: Place unopened pouch in boiling water. Pouch will be ready to serve in 40-45 min.

CONVECTION OVEN: Take food contents out of pouch and place in covered tray. Preheat oven to 375°F and heat for approx. 55 to 60 minutes.

NOTE: OVENS WILL VARY SO PLEASE ADJUST TIME AND TEMPERATURE. INTERNAL PRODUCT TEMPERATURE MUST REACH 165°F. IMPORTANT: AS IN ANY BOIL-IN-BAG PRODUCT, DO NOT OVERLOAD POTS. BAGS MUST FLOAT FREELY AND NOT TOUCH BOTTOM OR SIDES OF KETTLE.

I certify that the above information is correct.

Natalia Castro
Technical Services/QA Director



# Product Formulation Statement for Meat/Meat Alternate (M/MA) & Alternate Protein Product (APP)

Product Name:	Whole Grain Macaroni and Cheese	Code No.: 05915

Manufacturer: ES Foods Portion/Size: 6.0 oz

#### I. Meat/Meat Alternate

Please fill out the chart below to determine the creditable amount of Meat/Meat Alternate

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield ÷ Servings Per Unit	Creditable Amount *
Cheese, Cheddar	1.330	X	1.000	1.330
		X		
A. Total Creditable M/MA Amount <sup>1</sup>				

<sup>\*</sup>Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

#### II. Alternate Protein Product (APP)

If the product contains APP, please fill out the chart below to determine the creditable amount of APP. If APP is used, you must provide documentation as described on page 4 for each APP used.

Description of APP, manufacture's name, and code number	Ounces Dry APP Per Portion	Multiply	% of Protein As-Is*	Divide by 18**	Creditable Amount APP***
Nonfat Dry Milk, AMPI	0.425	X	34.00	÷ by 18	0.802
B. Total Creditable APP Amount <sup>1</sup>					
C. TOTAL CREDITABLE AMOUNT (A + B rounded down to					2.00
nearest ¼ oz)					

<sup>\*</sup>Percent of Protein As-Is is provided on the attached APP documentation.

Total weight (per portion) of product as purchased 6 oz	L	
Total creditable amount of product (per portion)	2 oz	
(Reminder: Total creditable amount cannot count for m	ore than the total weight	of product.)
I certify that the above information is true and correct a product (ready for serving) contains <u>2.0</u> ounces according to directions.		
I further certify that any APP used in the product conformation (7 CFR Parts 210, 220, 225, 226, Appendix A) as demo-		•
N. Castro.	Technical Sei	vices / QA Director
Signature	Title	
Natalia Castro	12/06/19	516-682-5494
Printed Name	 Date	Phone Number

<sup>\*\*18</sup> is the percent of protein when fully hydrated.

<sup>\*\*\*</sup>Creditable amount of APP equals ounces of Dry APP multiplied by the percent of protein as-is divided by 18. 
<sup>1</sup>Total Creditable Amount must be rounded **down** to the nearest 0.25oz (1.49 would round down to 1.25 oz meat equivalent). Do **not** round up. If you are crediting M/MA and APP, you do not need to round down in box A (Total Creditable M/MA Amount) until after you have added the Total Creditable APP Amount from box B to box C.



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# NONFAT DRY MILK as an ALTERNATE PROTEIN PRODUCT AMPI SPRAY DRIED NONFAT DRY MILK – Formula 202

- A. Nonfat dry milk (NFDM) meets all requirements for APP intended for use in foods manufactured for Child Nutrition Programs as described in Appendix A of 7 CFR 210, 220, 225 and 226.
- B. NFDM is processed by removal of water and fat from fluid milk.
- C. THE PDCAAS for NFDM is 1.0. (source: jn.nutrition.org)
- D. To achieve 18% protein, hydrate at a ratio of .88 parts water to 1 part NFDM by weight. (34% Protein /1.88 lbs solution = 18% protein in solution)
- E. The protein level of AMPI NFDM is 34% minimum (Kjeldahl x 6.38)



## Formulation Statement for Documenting Grains in School Meals

## Crediting Standards Based on Revised Exhibit A weights per oz equivalent

School Food Authorities (SFAs) should include a copy of the label from the purchased product carton in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name:	WG Macaroni and Cheese	Code	e No: <u>05915</u>	
	E S Foods  oduct meet the Whole Grain-R -2012 Grain Requirements for the	(Raw dough wich Criteria: Yes X	No	ulate creditable grain amount)
(Products with	oduct contain non- creditable g more than 0.24 oz equivalent or s as may not credit towards the gra	3.99 grams for Group	s A-G or 6.99 grams	
School Breakfa H or Group I. servings of grai per oz eq; Grou weight.)	Memorandum SP 30-2012 Grast Program: Exhibit A to deter (cereal grains), or Group I (RTE in component based on creditable up H uses the standard of 28 grantich Exhibit A Group (A-I) the F	rmine if the product breakfast cereals). (Le grains. Groups A-G ns creditable grain pe	fits into Groups A- Different methodolog t use the standard of tr oz eq; and Group I	G (baked goods), Group ries are applied to calculat 16 grams creditable grain
Description	of Product per Food Buying Guide	Portion Size of Product as Purchased A	Weight of one our equivalent as listed SP 30-2012 B	
Whole Grain	n Rich Macaroni, cooked	28g dry = ½ cup	28g	1.00
Modified Fo	od Starch, non-creditable	cooked 1.7g		
	1			100
Creditable grain (Serving size) grams.  Standard gran	rable Amount <sup>3</sup> ins are whole-grain meal/flour and entropy (X) (% of creditable grain in formula) and of creditable grains from the correct the Amount must be rounded down to	). Please be aware servi esponding Group in Ext	ibit A.	
Total contributi I certify that the Serving) provid per portion. Pro	er portion) of product as purchase on of product (per portion) 1 that the above information is true at es 1.0 oz equivalent Grains. Oducts with more than 0.24 oz equele grains may not credit towards.	oz equivalent nd correct and that a g I further certify that i uivalent or 3.99 gram	non-creditable grains as for Groups A-G or	s <b>are not</b> above 0.24 oz eq
N. Ca	otro.	Technic	al Services / QA	Director
Signature		Title		
Natalia Cas	tro	12/06/19	516-	682-5494
Printed Nan	ne	Date	Phon	e Number