

School Nurse UPDATE



#12 February 9, 2023

Greetings!

February is **Black History Month, National Children’s Dental Health Month, and American Heart Month.** You will find information and stories about all three in this newsletter.

We are still in the grips of winter here in Wisconsin, but directors are already seeking applicants to fill **Summer Camp Nurse positions.** I have included two such opportunities that were sent to me. This is not a recommendation or endorsement of these camps.

If you have not already done so, congratulate the school counselors you work with. This week has been **National School Counseling Week.**

I received a report from the Wisconsin Association of School Nurses that many of you have accessed your paid membership through the public health workforce grant. Wonderful! Note under WASN Notes that **registration materials for the April conference** are now or will very soon be available. I hope to see a large number of school nurses in attendance as conference attendance is something else that can be covered under the grant.

I know the promulgation of DHS 144 this past week was a surprise to school nurses who have been following the rule making process since 2017. Frankly, I was not expecting it either. **Practice Points goes into more detail about this process and how schools will implement these changes.**

The next DPI School Nurse Update will not be published until after Valentine’s Day. Consider this Update’s picture my Valentine to all of you. You are special and appreciated!

Louise

FEATURED STORIES

[PRACTICE POINTS – A Lesson in Rulemaking](#)

[LGBTQ+ Resources \(DPI News\)](#)

[New Secretary of DHS \(DHS News\)](#)

[Oral Health Resources \(NASN News\)](#)

[Vision Screening Training \(p. 9\)](#)

SAVE THE DATES

[DPI Consultant Office Hours
2/17/23 8-8:45 AM](#)

[DiSH Session –Writing an IHP for a Student with Diabetes
2/15/23 3-4 PM](#)

[WASN Annual Conference
April 26-28, 2023](#)

DPI supports best practices/evidence-based resources but does not vet or endorse products/services. User is responsible to evaluate the resource and how it meets local needs.

DPI News



Celebrating National School Counseling Week - February 6-10

February 6-10 is National School Counseling Week (NSCW), as designated by the [American School Counselor Association](#). The theme for this year's celebration is *Helping Students Dream Big*.

School counselors support students' academic, career, and social/emotional development. They work collaboratively with all stakeholders, providing a comprehensive school counseling program that meets the needs of all learners and ensures equitable access, support, programming, and services to foster educational success.

National School Counseling Week honors and celebrates the contributions, impact, and outcomes of school counselors. Reach out to a school counselor this week to thank them for their service and ask them about their role and program impact.

See the [ConnectED article](#) for more information.

Feeding Our Roots and Growing Our Branches To Serve Wisconsin's Kids

Remarks were delivered by Dr. Jill Underly, State Superintendent for Public Instruction, at the Wisconsin State Education Convention on Jan. 18, 2023, in Milwaukee. [Read remarks](#).

New Hire: Physical Education/Adapted PE/Health Education Consultant

The SSPW Team is excited to announce that Meg (Margret) Whaley has accepted the Physical Education (PE)/Adapted PE/Health Education Consultant position. Meg started Monday, January 30th.

Meg brings 26 years of experience in K-12 Health Education, Physical Education, and Adapted Physical Education, teaching students of all ages.

LGBTQ+ Resources from Department of Children and Families

DCF announce a new [LGBTQ+ Resource Hub website](#) published on the Department of Children and Families website. This website links to resources and learning opportunities for our child welfare workforce, service providers and out of home care providers at all levels, and children and families.

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DPI News



Comprehensive School Mental Health Webinar Series: Mental Health Literacy and Stigma Reduction

Join us for the first webinar in a four-part series about creating a shared commitment to systems change for comprehensive school mental health (CSMH). Hanna Maechtle, of the WISE Initiative for Stigma Elimination, will share ways that schools can build mental health literacy and reduce mental health stigma amongst students, staff, and families. Teri Ellefson, founder of Jacob's SWAG Foundation, will share lived experience of a family and community that were impacted by suicide and how they came together to create an organization dedicated to reducing mental health stigma. Participants will also have the opportunity to learn about free mental health literacy and stigma reduction units of instruction available from DPI, ask questions, and share ideas and resources with one another.

Date: Tuesday, February 28, 2023

Time: 11:30 AM - 1:00 PM

Cost: FREE

Participants must use the link below to register in advance for this webinar. After registering, you will receive a confirmation email containing information about joining the webinar. **The webinar will be recorded**, and the recording will be made available to those who register in advance.

Register in advance for this webinar:

<https://us02web.zoom.us/meeting/register/tZ0rc-CpqTwqHNC7zsNZLhMmYxUWRDUrQkYr>

Stay tuned for more information about upcoming webinars in this series:

- March: Educator Wellness (March 21st, 9:30-11:00 AM)
- April: Building Community Coalitions
- May: Increasing Stakeholder Buy-in for CSMH and SEL

Hanna Maechtle, of the WISE Initiative for Stigma Elimination, will share ways that schools can build mental health literacy and reduce mental health stigma amongst students, staff, and families.

DHS News

Respiratory Report

[The Weekly Respiratory Report](#) is available and updated bi-weekly.

DHS Releases Plan to Improve Health and Well-Being of Wisconsinites

The Wisconsin Department of Health Services (DHS) released its [2023-2027 State Health Improvement Plan](#). This five-year roadmap for improving health and well-being for all Wisconsinites summarizes priority areas in order to guide action, alignment, and collaboration across the state's public health system and local partners, plans, and initiatives.

"Every person in every community across Wisconsin deserves the opportunity to live their best life, and to do that communities must be able to provide the resources individuals and families need to support their health and well-being," said State Health Officer Paula Tran. "The 2023-2027 State Health Improvement Plan lays out a pathway toward this vision. It calls for partners across Wisconsin to strengthen our shared work to create the conditions that make good health possible by addressing the immediate health and well-being issues facing Wisconsinites, prevent and protect against future challenges, and reduce disparities in health and well-being." [View the entire news release.](#)

Gov. Evers Appoints Kirsten Johnson to DHS Secretary

Gov. Tony Evers announced his appointment of Kirsten Johnson to serve as secretary of the Wisconsin Department of Health Services (DHS), effective Feb. 27, 2023. The appointment fills the vacancy created by former Secretary Karen Timberlake's departure at the end of last year.

"Kirsten has a storied, 20-plus year career in public health and public service, including her time serving Washington and Ozaukee Counties and the city of Milwaukee during some of our state's toughest days," said Gov. Evers. "I have no doubt that her wealth of experience in public health, as well as her commitment to reducing disparities in health so every Wisconsinite can live their best and fullest life, will serve the Department and our state well."

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Johnson has her master's degree in public health from Tulane University of Public Health and Tropical Medicine and holds certifications as a public health professional and certified education specialist. She has served on numerous boards and committees, including the Medical College of Wisconsin Master of Public Health (MPH) Program Advisory Committee, the National Association of City and County Health Officials, the Wisconsin Association of Local Health Departments and Boards, and the Wisconsin Public Health Association.

A photo of Johnson is available [here](#).



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CDC

February is Black History Month

This Black History Month, the HHS Office of Minority Health (OMH) is committed to addressing social determinants of health (SDOH) and improving the health of Black and African American communities, [the second largest minority population in the United States](#).

OMH is focusing on the impact of nutrition and food insecurity on Black and African American communities and their role in obesity, heart disease, diabetes, and maternal and infant mortality.

Visit the [OMH Black History Month](#) website to access resources on key health concerns impacting Black and African American communities, information about the men and women who have contributed to advances in health care delivery and medical research, and templates to create your own images. [Learn More](#)

American Heart Month Toolkits 2023

February is American Heart Month, a time when all people can focus on their cardiovascular health.

This Heart Month the Division for Heart Disease and Stroke Prevention is expanding the reach of the Million Hearts® and CDC Foundation's "[Live to the Beat](#)" campaign, which focuses on encouraging and empowering Black adults ages 35 to 54 to take small steps to reduce their risks for cardiovascular disease (CVD).

Medscape Nurses

The Power of Positivity for Nurses

Most nurses report experiencing moderate-to-high levels of stress, which can lead to burnout and job dissatisfaction. Positive thinking skills training may present an innovative opportunity to combat stress and improve coping. [Read more](#).

Not All White Coats Are Doctors: They May Be NPs

With 355,000 nurse practitioners (NPs) and 149,000 certified PAs practicing in the United States, it's more common than ever for healthcare providers who don't go by the title "doctor" to diagnose and treat patients. [Read article](#).



OMH is focusing on the impact of nutrition and food insecurity on Black and African American communities and their role in obesity, heart disease, diabetes, and maternal and infant mortality.

MMWR

[Information for Persons Who Are Immunocompromised Regarding Prevention and Treatment of SARS-CoV-2 Infection in the Context of Currently Circulating Omicron Sublineages – United States, January 2023](#)

The Food and Drug Administration announced on January 26, 2023, that Evusheld is not currently authorized for preexposure prophylaxis against SARS-CoV-2 infection in the United States (2). It is important that persons who are moderately to severely immunocompromised,* those who might have an inadequate immune response to COVID-19 vaccination, and those with contraindications to receipt of COVID-19 vaccines, exercise caution and recognize the need for additional preventive measures (Box). In addition, persons should have a care plan that includes prompt testing at the onset of COVID-19 symptoms and rapid access to antivirals if SARS-CoV-2 infection is detected.

COVID-19 vaccination remains the most effective way to prevent SARS-CoV-2–associated serious illness, hospitalization, and death. All persons, including those who are immunocompromised and their household members and close contacts, should stay up to date with COVID-19 vaccination, and receive the updated (bivalent) booster dose, when eligible.

If you have a weakened immune system or live with someone who does, create a COVID-19 action plan

Prevention Measures:

- Get an updated COVID-19 vaccine
- Improve ventilation and spend time outdoors when possible
- Learn about testing locations and treatment options **before** getting exposed or sick
- Get tested if you've been exposed or have symptoms*
- Wash your hands often
- Wear a well-fitting respirator or mask and maintain distance in crowded spaces

*Talk to your doctor about treatment options if you test positive

bit.ly/mm7205e3
JANUARY 27, 2023

CDC MMWR

NASN News



NASN Cardiac Emergency Workshop

To help you in your school nurse practice, check out this course from NASN: [Cardiac Emergency Preparedness - The Role of the School Nurse in Leading a Multidisciplinary Team](#). This workshop session will equip the school nurse leader to systematically plan, implement, grow, and sustain an AED program with an efficient, effective sudden cardiac arrest response and strategies for ongoing quality improvement.

School Nurse Involvement in Special Education & Section 504

All students, regardless of their abilities, have a civil right to education. The NASN *School Nurse* article, [Legal Issues 101: Students With Disabilities](#), addresses frequently asked questions on topics pertaining to the school nurse's role and their student's rights as it relates to the special education process, the individualized education program (IEP), and Section 504 Accommodation plans.

National Children's Dental Health Month (NCDHM)

Each February, the American Dental Association (ADA) sponsors NCDHM to raise awareness about the importance of oral health. Developing good habits early and scheduling regular dental visits helps children to get a good start on a lifetime of healthy teeth and gums. The ADA offers [free online resources](#) to help you promote the benefits of good oral health to children.

NASN Oral Health Resources

See NASN's [Oral Health Connections page](#) to find teaching materials and continuing education resources and to locate partners and protocols for prevention and treatment programs.

This year's in person conference includes a half day preconference (April 26) and one and one-half days of plenary and break out sessions (April 27-28).

WASN News

Registration for WASN Annual Conference to Open Soon

Watch [this webpage](#) for conference registration information. Information on hotel room reservations at the discounted rate is posted. The Wisconsin Nurses Association (WNA) provides professional conference planning for the Wisconsin Association of School Nurses (WASN). This year's in person conference includes a half day preconference (April 26) and one and one-half days of plenary and break out sessions (April 27-28).

Immunization Action Coalition

“Improving the Vaccination Experience: Reducing Pain and Anxiety for Children and Adults”; join Immunize.org February 28 for our webinar

Anxiety about needles and injections affects as many as 2 out of 3 children and 1 out of 4 adults. This anxiety can contribute to dreading, delaying, or avoiding vaccinations, even when the importance of preventing illness is understood. Good news: there are safe, effective, and practical steps that vaccinators, vaccine recipients, and caregivers can take to reduce vaccination-related pain and anxiety. Creating a less stressful vaccination experience increases confidence in vaccination.

Attend this live, 1-hour webinar hosted by Immunize.org, [Improving the Vaccination Experience: Reducing Pain and Anxiety for Children and Adults](#) at 1:00 p.m. (ET) on February 28 to learn more about the principles behind vaccination pain and anxiety. Learn simple evidence-based strategies to reduce apprehension. These strategies were developed by the experts from [HELP Eliminate Pain in Kids and Adults](#). Their work was used by the World Health Organization (WHO), Public Health Canada, and others to develop guidelines for reducing vaccination pain.

The panelists will be:

- Anna Taddio, BScPhm, PhD; Professor, Faculty of Pharmacy, University of Toronto; Senior Associate Scientist, The Hospital for Sick Children (SickKids), Toronto, Ontario
- Kelly L. Moore, MD, MPH; President and CEO, Immunize.org
- Lucie Marisa Bucci, MA; Director, Policy and Government Relations, Society for Infodemic Management (SIM), Québec, Québec
- Sharon Humiston, MD, MPH; Director for Research, Immunize.org

Following the presentation, ample time is reserved for your questions.

School Nurse Blog

[The Relentless School Nurse: How One School Nurse Honors Healthcare Leaders During Black History Month](#)

Robin Cogan, MEd, RN, NCSN, FNASN, FAAN

Feb 3



There are safe, effective, and practical steps that vaccinators, vaccine recipients, and caregivers can take to reduce vaccination-related pain and anxiety.

Miscellaneous

MMSD to host Vision Screen Prevent Blindness Certification Course

Prevent Blindness is offering a Vision Screening Certification training in Madison hosted by the Madison Metropolitan School District.

Details:

- Date: Monday, March 6th
- Time: 2:30-5pm
- Holtzman Building Main Conference Room (333 Holtzman Rd, Madison, 53713)
- Park in the lot located behind the building using the main entrance from the parking lot. We will be in the room on the right.

Registration link:

<http://events.constantcontact.com/register/event?llr=ittifuebb&oeidk=a07ejmruytf27c212b4>

DOJ, DPI, DHS NTER Launch Targeted Violence Prevention Course

The goal of the course is to educate the public on threatening or potentially concerning behaviors and where to report them, providing an opportunity for intervention to prevent targeted violence from occurring.

Autism diagnosis rates tripled in less than two decades. What does that mean for schools?

USA Today

Researchers at Rutgers University recently published a study in the journal Pediatrics finding that autism diagnosis rates among 8-year-olds nearly tripled in the New York-New Jersey metropolitan area between 2000 and 2016.



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Miscellaneous

Camp Nurse Opportunities

[Camp Manito-wish YMCA](#), located in Northern Wisconsin in the quaint tourism community of [Boulder Junction](#) is looking for Summer Camp Nurses. They have been in operation since 1919 and offer multiple programs including Summer Camp, Outpost Wilderness Program, Family Camp and Leadership Programming. The property is located on over 300 wooded acres on the shores of Boulder Lake and surrounded by the 225,000-acre Northern-Highland American Legion State Forest and nearly 200 lakes and rivers, which means there are an abundance of opportunities available for campers exploration. The Manito-wish staff is a wonderful group dedicated to enriching character and leadership skills, and we are focused on promoting youth development, healthy living and social responsibility.

Dates: Various flexible dates mid-June through mid-August.

Salary: Current starting salary is \$180/day plus room and board with an additional \$75 for an overnight shift.

Children at Camp: Camp Manito-wish is able to offer a 40% discount off Summer Camp registration fees to 1st year nurses who work a minimum of 14 days. Camper ages are 5th-10th grade. Boys Camp runs June 18-July 8, Girls Camp July 23-August 12. Spots are still available for both Boys and Girls Camp.

A day in the life of Camp Nurses includes mornings of medication distribution to campers, scheduling necessary appointments, and attending a daily meeting. In the afternoons and evenings, medication distribution continues at scheduled intervals, packing medications for wilderness trips and education for trip leaders on medication and medical needs of their campers. Each day Nurses will be responding to on-demand medical needs for those on-site or on their wilderness trip, communicating with parents and following COVID guidelines. Opening and Closing Days are centered around supporting campers arrival and departures through physical check-ins, paperwork, and medication processing. Daily breaks are built in along with opportunities to enjoy living and working at a Summer Camp.

Would you have interest in learning more about being at Camp Nurse at Camp Manito-wish? Contact Ben.Hoffman@manito-wish.org for more information.

Another Summer Camp Opportunity

See attached flyer with information about another opportunity with camps nationwide.



*A day in the life of
Camp Nurses includes
mornings of
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Practice Points

By Louise Wilson

A Lesson in Rulemaking

I have been with the Department of Public Instruction (DPI) for nearly six years now and the workings of state government intrigues and often surprises me. Those nurses working in schools since 2017 recall that the Department of Health Services (DHS) submitted a Statement of Scope to update the school immunization statute (DHS 144) in 2017. This Statement of Scope outlined the changes proposed by DHS and the reasoning for the changes.

I serve on the Wisconsin Council of Immunization Practices (WCIP) representing DPI. The Wisconsin Association of School Nurses (WASN) also has a representative on WCIP (Becky Wendel). We both were a part of the subcommittee that helped with the proposed updates. The process as explained to us serving on the subcommittee involves seven steps. If all went as planned the steps would be completed, the legislation approved in 2020 with the changes implemented in the 2021-2022 school year. That did not happen.

I am not a legislative authority so my explanation here is simplified and in no way should be deemed an authoritative legal description of what transpired or the legislative rulemaking process!

I've learned that the rules and procedures around legislative rulemaking changed around the time DHS first attempted to change DHS 144 in 2017. Legislative objection to the DHS proposal caused the rule change to stall out. COVID further interrupted efforts to update the rules. Fast forwarding to last week's updates, because the legislature failed to act on their previous objection, DHS was able to resubmit its original request and have it take effect immediately.

Since the law is under the authority of DHS and not DPI, we at DPI were not involved in the decision of when this change moved forward. I had hoped schools and school nurses would have had more notice or at least I could have warned you the process was moving forward. The original legislation would have been effective during the 2021-2022 school year. Because of the stall out and resubmission, the change is going into effect for this coming 2023-2024 school year. At the same time, the legislature can suspend the rule change after holding a public hearing, in similar fashion to what happened during the 2017 proposed changes.



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That's the intriguing, surprising and sometimes frustrating part of working at the state level. One also never knows if a piece of legislation or a state law will be challenged by litigants. Public health experienced that during the early days of the COVID-19 pandemic. This puts the state agencies (DHS and DPI) – and you all in the field - in a place of uncertainty.

What DPI and I can do is provide you with information so you can implement the changes as currently prescribed. We understand there are a lot of pieces and procedures involved in making these changes. DPI administration is truly supportive of school nurses and the school districts and appreciates the workload involved. I am seeking answers to the nitty gritty questions that only those who must implement the school immunization statute understand or even know enough to even ask!

As soon as I get those answers and permission to share them, I will send out an email to the DPI school nurse discussion list.



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This publication is available from:
Division for Learning Support
Student Services/Prevention and Wellness Team
(608) 266-8857
<https://dpi.wi.gov/sspw/pupil-services/school-nurse>

February 2023 Wisconsin Department of Public Instruction

The Wisconsin Department of Public Instruction does not discriminate on the basis of sex, race, color, religion, creed, age, national origin, ancestry, pregnancy, marital status or parental status, sexual orientation, or ability and provides equal access to the Boy Scouts of America and other designated youth groups.



Hiring RNs and LVNs/LPNs for Summer Camp Positions Throughout the US

Apply Here: WhizResources.com | [Medical Staff Application](#)

The Rewards of Working as a Camp Nurse

- *Impact the lives of children and adults*
- *Salary of \$1300-1800/week and free tuition for children (worth appx. \$1200-1500/week for each child)*
- *Round-trip airfare or ground transportation provided*
- *Lodging and meals furnished*
- *Build on your pediatric nursing experience*

Over the past 20 years hundreds of NPs, RNs and LPNs have worked at camps through WhizResources. They have made a difference at camps while fully utilizing their nurse experience. Many are school nurses who have the summer available, and others are nurses who travel or are retired or are new graduates. Some even have a full-time job but carve out a few weeks to work at a camp. We place NPs, RNs and LPNs/LVNs as camp nurses.

More Information: www.whizresources.com

rick@whizresources.com

214-709-5559

Finding the Right Fit for Your Needs

- *Many top-notch camps in locations across the United States:*
[*Here's our link to current list of openings*](#)
- *Assignments from two weeks (sometimes shorter) up to ten weeks*
- *Primarily traditional "healthy kids" camps*
- *Some camps accommodate children younger than camp age through childcare or day camp*
- *Friends and family members can work at a camp together*
- *Assistance with licensing in another state if needed (including payment of license fees)*

Ready for an amazing summer?

Apply Here: [**WhizResources.com | Medical Staff Application**](#)

Or send your resume to rick@whizresources.com

- *We will contact you to set up a phone interview*
- *There are no fees to you*

More Information: [**www.whizresources.com**](http://www.whizresources.com)

rick@whizresources.com

214-709-5559